

VT WIC Minimum Inventory Standard for Small Independent Grocers and Coops

Use this checklist to determine if your store meets VT WIC's required minimum inventory, and to periodically check/monitor your stores compliance with the standards.

Date _____ Store _____ Reviewer _____

CATEGORY	QUANTITY	SIZE/CONTAINER	TYPE	TOTAL THIS CATEGORY	Variety Requirement Met? Y/N	Quantity Req Met? Y/N	If marginal, what is delivery frequency?	Meets MI Standard? Y/N
JUICE				Total 12 juice				
	6, min 1 variety	64 oz fluid or 16 oz frozen	Any WIC approved, shelf stable or refrigerated juice					
	AND 6, min 1 variety	48 oz fluid or 11.5/12 oz frozen	Any WIC approved juice					
CEREAL				Total 8 cereal				
	4 X 2 varieties whole grain	9 oz boxes, min weight	Any WIC approved <u>whole grain</u> cereal					
MILK				Total 11 milk				
Low-fat	6	Gallons	Any WIC approved Lowfat (1%), or skim (fat free) fluid milk					
Low-fat	<u>and</u> 3	Half Gallons	Any WIC approved Lowfat (1%), or skim (fat free) fluid milk					
Whole	<u>and</u> 2	Half Gallons	Any WIC approved Whole fluid milk					
YOGURT				Total 5 yogurt				
Low-fat	3	32 oz tubs	Any WIC approved Lowfat (1%), or skim (fat free) yogurt					
Whole	<u>and</u> 2	32 oz tubs	Any WIC approved Whole milk yogurt					
SOYMILK BEVERAGE				Total 6 soy beverage				
	6	32 oz Shelf-stable or 64 oz Refrigerated	Any WIC approved fortified Soymilk Beverage					

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TOFU				Total 6 packages tofu				
	6	14 - 16 oz package	Any WIC approved tofu					
CHEESE				Total 4 pounds cheese				
	4 lbs, min 2 varieties	8 oz and/or 16 oz blocks/bricks	Any WIC approved cheese					
EGGS				Total 3 dozen eggs				
	3	dozen	Any WIC approved eggs					
BEANS, PEAS, LENTILS (LEGUMES)				Total 8 cans OR 4 bags legumes				
	4 X 2 varieties	15-16 oz cans	Any WIC approved canned legumes					
	OR 2 X 2 varieties	1 pound bags	Any WIC approved dried legumes					
PEANUT BUTTER				Total 3 jars PB				
	3	16-18 ounce jars	Any WIC approved peanut butter					
TUNA OR SALMON				Total 6 cans fish				
	6	5 oz cans	Any WIC approved canned fish					
WHOLE GRAINS Must carry at least 3 of these 4 whole grain options.				Total 6 whole grain item (2 items per each of 3 options)				
Bread	2	16 oz loaves	Any WIC approved bread					
Brown Rice	2	1 lb box/bag	Any WIC approved brown rice					
Tortillas	2	16 oz package	Any WIC approved tortillas					
Pasta	2	1 lb box/bag	Any WIC approved pasta					

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FRUITS								
Fresh	4 varieties	fresh	Any WIC approved fresh fruits	Total any quantity of 4 varieties				
Canned / frozen	4 varieties	canned or frozen	Any WIC approved canned/frozen fruits	Total any quantity of 4 varieties				
VEGETABLES								
Fresh	4 varieties	fresh	Any WIC approved fresh veggies	Total any quantity of 4 varieties				
Canned / frozen	4 varieties	canned or frozen	Any WIC approved canned/frozen veggies	Total any quantity of 4 varieties				
INFANT FORMULA				Total 6 cans formula				
	6	cans	Abbott Similac Advance Powder 12.4 oz can UPC 070074559582					
INFANT FRUITS				Total 24 jars fruits				
	24, min 2 varieties	4 oz jars	2 varieties WIC approved infant fruits					
INFANT VEGETABLES				Total 24 jars veggies				
	24, min 2 varieties	4 oz jars	2 varieties WIC approved infant vegetables					
INFANT MEATS				Total 16 jars meats				
	16, min 2 varieties	2.5 oz jars	2 varieties WIC approved infant meats					
INFANT CEREAL				Total 2 boxes cereal				
	2	8 oz boxes	Any WIC Approved infant cereal					